



# First Aid Ipswich

## Training and Event Services

Ken Hawley, 54 St Agnes Way, Kesgrave, Suffolk IP5 1JZ  
07734 949422 - [www.firstaidipswich.co.uk](http://www.firstaidipswich.co.uk) - [ken@firstaidipswich.co.uk](mailto:ken@firstaidipswich.co.uk)



## Level 2 Award in Cardiopulmonary Resuscitation (CPR) and Automated External Defibrillation (AED)

This course is designed to teach candidates the correct operation of an AED and how to give effective CPR. The course is aimed at both experienced First Aiders and members of the public.

All attendees will be assessed by the trainer and on successful completion, will be awarded a level 2 in AED and CPR, which is RQF approved (Regulated Qualification Framework) and valid for 3 years. Refresher training is advised annually.

### Costs:

- 6 hours - £80 pp

### Subjects Covered:

- Assess an incident and check for danger
- Open an airway and check for breathing
- Demonstrate how to deal with an unconscious casualty (Breathing normal)
- Treatment and recognition of a casualty who is not breathing normally
- Demonstrate how to perform CPR casualty suffering from a cardiac arrest
- How does the heart work, what does a defibrillator do
- Checking and maintenance an AED
- Checks to be made before using an AED
- Demonstrate the use of an AED
- Demonstrate the use of an AED with CPR